



Help for Patients, Survivors, and Caregivers

The American Cancer Society offers support in your community and online to help you during and after cancer treatment. Visit [cancer.org](https://www.cancer.org) or call us at **1-800-227-2345** for more information.

Free cancer information center

The American Cancer Society National Cancer Information Center offers help as you're dealing with cancer by connecting you to our caring, trained staff to answer questions about a diagnosis, identify resources, or provide a listening ear and guidance. We offer health insurance assistance, American Cancer Society programs, and referrals to other services. Call us at **1-800-227-2345** or visit [cancer.org](https://www.cancer.org) to live chat with us. We can assist in English, Spanish, and more than 200 other languages via a translation service.

Printed materials about cancer

Our materials can help you and your loved ones understand your diagnosis, treatment, and potential side effects, and provide detailed information on our programs and services. Materials are available for free at **1-800-227-2345** or through your cancer care team.

Places to stay during treatment

Our Hope Lodge® program provides a free, nurturing home away from home for cancer patients and their caregivers when they have to travel for treatment. In some areas where we don't have a Hope Lodge community or it is full, our Hotel Partners Program lets patients and caregivers stay for free or at reduced rates in hotels close to where they get treatment.

Rides to treatment

When transportation to treatment is a concern, we may be able to help provide the rides. Our Road To Recovery® program offers free rides to cancer patients who would otherwise have difficulty getting to their cancer-related appointments, thanks to volunteer drivers, transportation partners, or community organizations.

Patient navigation

Our patient navigators, available at many hospitals nationwide, help patients get the services they need so the rest of their cancer care team can focus on treatment. Patient navigators can also provide cancer and treatment information customized for each patient's diagnosis, help them find local resources to help make sure they get the treatment they need, and more.

Cancer Survivors NetworkSM

Our Cancer Survivors Network provides a safe online connection where cancer patients and caregivers can find others with similar experiences and interests. At [csn.cancer.org](https://www.csn.cancer.org), members can participate on discussion boards, join the chat room, and build their own support network from among the members.

Reach To Recovery[®]

The Reach To Recovery program connects breast cancer patients with trained volunteers to receive peer-to-peer support on everything from practical and emotional issues to helping them cope with their disease, treatment, and long-term survivorship issues.

Hair-loss and mastectomy products

Cancer and cancer treatment can have profound effects, including some that alter a patient's appearance, such as hair loss. The American Cancer Society's "tlc" Tender Loving Care® program helps women with appearance-related side effects by offering them a variety of affordable wigs, hats and scarves as well as a full range of mastectomy products. These items can be purchased from the privacy of their own home by calling **1-800-850-9445** or visiting the "tlc"™ website at [tlcdirect.org](https://www.tlcdirect.org).

American Cancer Society books

We publish books that help patients and their caregivers when they are dealing with a cancer diagnosis and treatment. They range from patient education, quality of life, and caregiving issues to healthy living. Visit [cancer.org/bookstore](https://www.cancer.org/bookstore) to learn more; our books also are available through major book retailers.

Survivorship guidelines and resources

We have materials and resources for survivors to help with quality-of-life and other needs during and after cancer treatment. Our cancer survivorship guidelines for specific cancers help doctors manage the unique needs of survivors, and our nutrition and physical activity guidelines for survivors help you know how to live your best life and reduce your risk for cancer coming back.

Springboard Beyond Cancer

This online tool for cancer survivors, created by the American Cancer Society and the National Cancer Institute, is available at survivorship.cancer.gov. Patients and survivors can create personalized Action Decks, collections of selected information to help them better communicate with caregivers and their care teams to manage their physical and emotional care after a cancer diagnosis.

Caregiver Support Resources

As part of our commitment to support family members and friends providing care to loved ones with cancer, the American Cancer Society developed the *Caregiver Resource Guide* ([cancer.org/caregiverguide](https://www.cancer.org/caregiverguide)). In addition to information about the caregiving process and what to expect with a cancer diagnosis and its treatment, the tool focuses on caregiver self-care, communication, coping, and caregiver resources. Another helpful resource is our *Caregiver Support Video Series* ([cancer.org/caregivervideos](https://www.cancer.org/caregivervideos)), which provides educational support to caregivers as they assist with everyday needs of loved ones and provides self-care techniques to improve their own quality of life.

Clinical trials

If you would like to learn more about clinical trials that might be right for you, start by asking your doctor if your clinic or hospital conducts clinical trials or contact us at **1-800-227-2345** and speak with one of our caring, trained staff.

cancer.org

Our website offers access to the most recent and accurate cancer information and helps you find programs and services in your area. A few pages of note are:

- **cancer.org/survivors** – a hub for support and treatment topics, treatment and survivorship tools, and stories of hope to inspire you
- **cancer.org/videos** – features to-the-point videos on cancer-related topics, including cancer basics, cancer treatments, clinical trials, American Cancer Society programs and services, the effects of survivorship, personal stories, and more
- **cancer.org/treatmentdecisions** – cancer treatment decision tools and resources to help you get through cancer diagnosis and treatment
- **cancer.org/support** – more information about the American Cancer Society and other programs and services in your area
- **cancer.org/phm** – information and tracking worksheets to help patients organize and navigate their cancer experience
- **cancer.org/languages** – links non-English speakers to cancer information in other languages
- **Live Chat** with our caring, trained staff simply by going to **cancer.org** and clicking on “Live Chat”



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