

## American Cancer Society Recommendations for the Early Detection of Breast Cancer

Guideline for women at average risk for breast cancer





## Ages 40 – 44

Woman should have the choice to start annual breast cancer screening with mammograms if they wish to do so.





## Ages 45 - 54

Woman should get mammograms every year.





## Age 55 and older

Women can switch to mammograms every two years, or can continue yearly screening. Screening should continue as long as a woman is in good health and is expected to live 10 more years or longer.