

American Cancer Society Great American Smokeout®



Double your chances
of quitting for good.

Call 1-800-227-2345

Every year, smokers across the nation take part in the American Cancer Society's Great American Smokeout by smoking less or quitting for the day on the third Thursday of November. Quitting is difficult, and the American Cancer Society is here to help with science-based resources that can double your chances of quitting for good.



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