



Great American
Smokeout®

Quitting smoking isn't **easy...**
but now **you have help.**

Call us to:

- Talk to a cancer information specialist trained to help you find cessation resources to help you quit.
- Receive materials that help you prepare for your quit attempt... and stay quit for good.
- Learn about programs in your community that can help you.
- Find out which medications can help you quit.

Call toll free:
1.800.227.2345
cancer.org/GreatAmericans

**Celebrate
Longer.**

It's never too late to
quit tobacco.



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Smokeout®

1.800.227.2345
cancer.org/GreatAmericans

Tired of
burning up
money?



Call us.
We can help you quit tobacco for good.



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cancer.org/GreatAmericans

Thinking about quitting
smoking? We can help.



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