



The American Cancer Society is the nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer, through research, education, advocacy, and service.

No matter who you are, we can help. Contact us anytime, day or night, for information and support.



1.800.ACS.2345
www.cancer.org
Hope.Progress.Answers.®



Talk to your doctor about getting tested for colon cancer.

Here are some questions to help you get started.



"I'm scared they'll find something."



"There's nothing wrong with me."



"Look, I feel fine."

If you're 50 or older, you need to get tested for colon cancer. **No matter how good your excuse is.**



"It doesn't run in my family."

“It’s too personal to talk about.”
“I don’t understand how the test works.”
“I’ll get tested if I start feeling bad.”

These are some of the excuses people use to not get tested for colon cancer. If you’re 50 or older, you need to be tested.

Colon cancer: Should you be concerned?

If you’re 50 or older, the answer is yes.

If you’re 50 or older, you need to think about colon cancer. Most colon cancers occur in men and women who are 50 or older.

But no one in your family has had colon cancer?

Most people who get colon cancer have no family history. And you can have the disease and not even know it. If you have a parent, brother or sister, or child who has had colon cancer, then testing is even more important for you.

Get tested

You have the power to stop colon cancer before it starts. Colon cancer starts with a growth that is not cancer yet. Testing can help your doctor tell if there is a problem, and some tests can find a growth before it becomes cancer. Most people who have these growths removed never get colon cancer.

If colon cancer is found, you have a good chance of beating it with treatment if it is found early. And testing can find it early.

Just ask

As you get older, you have more health concerns. Your doctor has a lot to talk to you about. If your doctor does not mention getting tested for colon cancer, don’t be afraid to ask about it. There’s more than one way to get tested, so you and your doctor should choose the test that’s best for you.

You owe it to yourself and the people who love you to take care of yourself.

We can help

Asking about colon cancer testing isn’t always easy. The American Cancer Society can help. Call us anytime, day or night, at 1-800-ACS-2345. We can tell you more about the tests, help you talk to your doctor, or just listen to your concerns.

Together we can stop colon cancer before it starts.

Questions to ask your doctor

- I’m over 50 – should I get tested for colon cancer?
- I’ve read that there’s more than one test for colon cancer. Which one do you think is right for me?
- How is the test done? How do I prepare for it? What will happen to me, and how will it feel?
- Now that I’m 50, what other tests for cancer should I have?

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