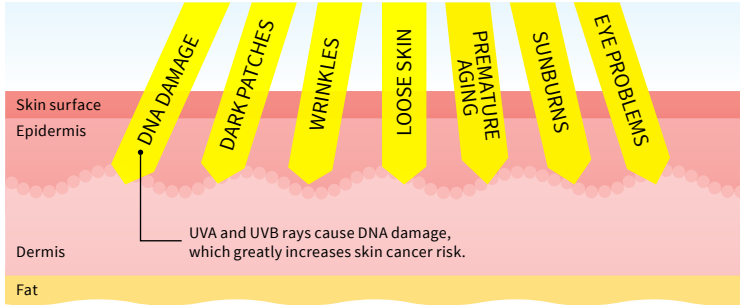


Preventing Skin Cancer

Skin cancer is by far the most common of all cancer types. More than 5 million skin cancers are diagnosed each year in the United States. That's more than all other cancers combined. The good news is that you can do a lot to help protect yourself and your family from skin cancer.

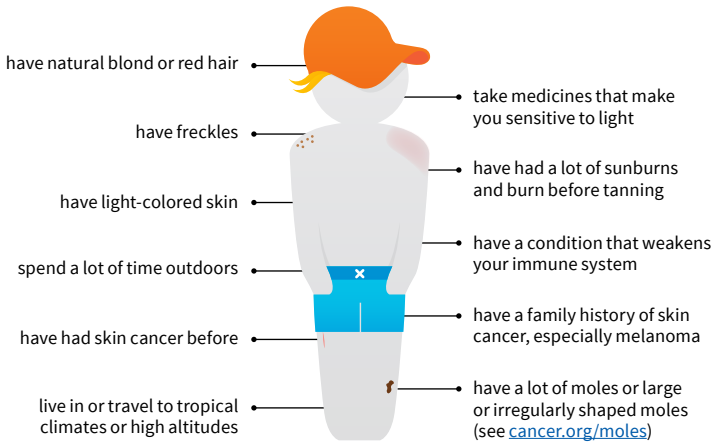
UV RAYS FROM THE SUN CAUSE DNA DAMAGE, LEADING TO SKIN CANCER AND AGING



DON'T USE TANNING BEDS OR LAMPS



ANYONE CAN GET SKIN CANCER, BUT BE EXTRA CAREFUL IF YOU ...



PROTECT YOUR SKIN YEAR ROUND

UV rays are around all the time, no matter the season.



USE SUNSCREEN



COVER UP THE CHILDREN, TOO

Children burn more easily. And babies younger than 6 months old should be kept out of direct sunlight.



Together, we can change the course of cancer.

The American Cancer Society is a leading cancer-fighting organization with a vision of ending cancer as we know it, for everyone.

Learn More // cancer.org/skincancer
 Stay Protected // cancer.org/sunsafety
 Detect Early // cancer.org/skincancerimages
 Donate // cancer.org/donate