Early Detection, Diagnosis, and Staging

Detection and Diagnosis

Catching cancer early often allows for more treatment options. Some early cancers may have signs and symptoms that can be noticed, but that is not always the case.

- Can Lung Carcinoid Tumors Be Found Early?
- Signs and Symptoms of Lung Carcinoid Tumors
- How Are Lung Carcinoid Tumors Diagnosed?
- Understanding Your Pathology Report

Stages of Lung Carcinoid Tumors

After a cancer diagnosis, staging provides important information about the extent of cancer in the body and anticipated response to treatment.

- How Are Lung Carcinoid Tumors Staged?

Outlook (Prognosis)

Doctors often use survival rates as a standard way of discussing a person’s outlook (prognosis). These numbers can’t tell you how long you will live, but they might help you better understand your prognosis. Some people want to know the survival statistics for people in similar situations, while others might not find the numbers helpful, or might even not want to know them.

- Survival Rates for Lung Carcinoid Tumors

Questions to Ask About Lung Carcinoid Tumors

Here are some questions you can ask your cancer care team to help you better understand your cancer diagnosis and treatment options.
What Should You Ask Your Doctor About Lung Carcinoid Tumors?

Can Lung Carcinoid Tumors Be Found Early?

Lung carcinoid tumors are not common, and there are no widely recommended screening tests for these tumors in most people. (Screening is testing for cancer in people without any symptoms.)

People with multiple endocrine neoplasia type 1 (MEN1) are at increased risk for these tumors, and some doctors recommend they have computed tomography (CT) scans of the chest every 3 years starting when they are age 20.

Because carcinoid tumors usually grow and spread slowly, most are found at an early or localized stage, even if they have been causing symptoms for some time.

Many patients with peripheral carcinoid tumors or with small central carcinoid tumors have no symptoms. Carcinoids that are not causing symptoms often are found on a chest x-ray or CT scan done for other reasons.

References
See all references for Lung Carcinoid Tumor

Signs and Symptoms of Lung Carcinoid Tumors

About 2 of 3 people with carcinoid tumors will have signs or symptoms that will lead to the diagnosis of the disease. But because carcinoids tend to grow slowly, they may not cause symptoms for several years in some people, or they may be found by medical tests done for other reasons.
Central carcinoids

Most carcinoid tumors start in the large bronchial tubes leading into the lung. Symptoms can include:

- Cough, which can sometimes be bloody
- Wheezing
- Shortness of breath
- Chest pain, especially when taking deep breaths

Large carcinoids can cause partial or complete blockage of an air passage, which can lead to pneumonia (an infection in the lung). Sometimes a doctor may suspect a tumor only after treatment with antibiotics doesn’t cure the pneumonia.

Peripheral carcinoids

Some tumors start in the smaller airways toward the outer edges of the lungs. They rarely cause any symptoms unless there are so many of them that they cause trouble breathing. Usually they are found as a spot on a chest x-ray or CT scan that is done for an unrelated problem.

Symptoms caused by hormones from the tumor

Some carcinoid tumors can make hormone-like substances that are released into the bloodstream. Lung carcinoids do this far less often than gastrointestinal carcinoid tumors.

Carcinoid syndrome: Rarely, lung carcinoid tumors release enough hormone-like substances into the bloodstream to cause symptoms. This results in the carcinoid syndrome. Symptoms can include

- Facial flushing (redness and warm feeling)
- Diarrhea
- Wheezing
- Fast heartbeat.

Many patients find that stress, heavy exercise, and drinking alcohol can bring on these symptoms or make them worse.

Over a long time, these hormone-like substances can damage heart valves, causing:
• Shortness of breath
• Weakness
• Heart murmur (an abnormal heart sound)

**Cushing syndrome:** In rare cases, lung carcinoid tumors may make a hormone called ACTH. This causes the adrenal glands to make too much cortisol (a steroid hormone) and other hormones. This can lead to:

• Weight gain
• Easy bruising
• Weakness
• Drowsiness
• High blood sugar (or even diabetes)
• High blood pressure
• Increased body and facial hair

The symptoms and signs above may be caused by lung carcinoid tumors, but they can also be caused by other conditions. Still, if you have any of these problems, it's important to see your doctor so the cause can be found and treated, if needed.

• References
See all references for Lung Carcinoid Tumor

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**How Are Lung Carcinoid Tumors Diagnosed?**

Certain signs and symptoms might suggest that a person could have a lung carcinoid tumor, but tests are needed to confirm the diagnosis.

**Medical history and physical exam**

If you have any signs or symptoms that suggest you might have a lung carcinoid tumor
(or another type of lung tumor), your doctor will take a complete medical history, including your family history, to learn about your symptoms and possible risk factors.

A physical exam can give your doctor information about your general health, possible signs of lung carcinoid tumor, and other health problems. During your exam, your doctor will pay close attention to your chest and lungs.

If your symptoms or the results of the exam suggest you might have a lung carcinoid tumor (or another type of tumor), more tests will be done. These might include imaging tests, lab tests, and other procedures.

**Imaging tests**

Imaging tests use x-rays, radioactive particles, or other means to create pictures of the inside of your body. Imaging tests are done for a number of reasons, including to help find a suspicious area that might be cancer, to learn how far cancer may have spread, and to help determine if treatment has been effective.

**Chest x-ray**

A chest x-ray is often the first imaging test a doctor orders if a lung problem is suspected. It might be able to show if there is a tumor in the lung. But some carcinoids that are small or are in places where they are covered by other organs in the chest may not show up on a chest x-ray. If your doctor is still suspicious or if something is seen on the chest x-ray, a CT scan may be ordered.

**Computed tomography (CT) scan**

A CT (or CAT) scan is more likely to show small lung tumors than routine chest x-rays. A CT scan can also provide precise information about the size, shape, and position of any lung tumors and can help find enlarged lymph nodes that might contain cancer that has spread from the lung.

The CT scan uses x-rays to produce detailed cross-sectional images of your body. Instead of taking one picture, like a regular x-ray, a CT scanner takes many pictures as it rotates around you while you are lying on a narrow platform. A computer then combines these into images showing slices of the part of your body being studied.

Before any pictures are taken, you may be asked to drink 1 to 2 pints of a liquid called oral contrast. This helps outline the intestine so that certain areas are not mistaken for
tumors. This is not needed if the CT scan is only looking at the chest and lungs. You may also receive an IV (intravenous) line through which a different kind of contrast dye (IV contrast) is injected. This helps better outline structures in your body. The injection can cause some flushing (redness and warm feeling). Some people are allergic and get hives or, rarely, more serious reactions like trouble breathing and low blood pressure. Be sure to tell the doctor if you have any allergies or have ever had a reaction to any contrast material used for x-rays.

A CT scanner has been described as a large donut, with a narrow table that slides in and out of the middle opening. You will need to lie still on the table while the scan is being done. CT scans take longer than regular x-rays, and you might feel a bit confined by the ring while the pictures are being taken.

CT scans can be used in several ways:

- To help determine the exact location and extent of the tumors.
- To stage a cancer (determining the extent of its spread). This can help to determine if surgery is a good treatment option.
- To guide a biopsy needle precisely into a suspected tumor. For this procedure, called a *CT-guided needle biopsy*, you stay on the CT scanning table while the doctor advances a biopsy needle through the skin and toward the mass. CT scans are repeated until the needle is within the mass. A biopsy sample is then removed and looked at under a microscope.
- To see how effective treatment has been.

**Radionuclide scans**

Scans using small amounts of radioactivity and special cameras may be helpful in looking for carcinoid tumors. They can help find tumors or look for areas of cancer spread if doctors aren’t sure where they are in the body.

**Somatostatin receptor scintigraphy:** The most common scan is somatostatin receptor scintigraphy (SRS), also known as the *OctreoScan*. It uses a drug called octreotide bound to radioactive indium-111. Octreotide is a hormone-like substance that attaches to carcinoid cells. A small amount is injected into a vein. It travels through the blood and is attracted to carcinoid tumors. A few hours after the injection, a special camera can be used to show where the radioactivity has collected in the body. More scans may be done in the following few days as well. Along with showing where tumors are, this test can help tell whether treatment with certain drugs such as octreotide and lanreotide is likely to be helpful.
**I-131 MIBG scan:** This test is used less often. It uses a chemical called *MIBG* attached to radioactive iodine (I-131). This substance is injected into a vein, and the body is scanned several hours or days later with a special camera to look for areas that picked up the radioactivity. These would most likely be carcinoid tumors, but other kinds of neuroendocrine tumors will also pick up this chemical.

**Positron emission tomography (PET) scan:** For most types of cancer, PET scans use a form of radioactive glucose (sugar) to find tumors. But this type of PET scan is not very useful in finding carcinoid tumors. Instead, PET scanning for carcinoid tumors usually uses a radioactive form of 5-hydroxytryptophan, a chemical that is taken up and used by carcinoid cells. A special camera can detect the radioactivity. The usefulness of this test for lung carcinoid tumors is still being studied. This special type of PET scan is not available in every hospital.

**Sputum cytology**

Even if an imaging test such as a chest x-ray or CT scan shows a mass, it’s often hard for doctors to tell if the mass is a carcinoid tumor, another type of lung cancer, or an area of infection. Tests may be needed to get a sample of the abnormal cells to be looked at under a microscope.

One way to do this is called *sputum cytology*. A sample of sputum (mucus you cough up from the lungs) is looked at under a microscope to see if it contains cancer cells. The best way to do this is to get samples taken early in the morning, 3 days in a row.

This test is not as good at finding lung carcinoids as it is at finding other types of lung cancers.

**Biopsy**

In many cases, the only way to know for sure if a person has some type of lung cancer is to remove cells from the tumor and look at them under a microscope. This procedure is called a *biopsy*. There are several ways to take a sample from a lung tumor.

**Bronchoscopy and biopsy**

This approach is used to view and sample tumors in large airways. The doctor passes a long, thin, flexible, fiber-optic tube called a *bronchoscope* down the throat and through your windpipe and bronchi to look at the lining of the lung’s main airways. Your mouth
and throat are sprayed first with a numbing medicine. You may also be given medicine through an intravenous (IV) line to make you feel relaxed.

If a tumor is found, the doctor can take biopsies (small samples of the tumor) through the tube. The doctor can also sample cells from the lining of the airways by wiping a tiny brush over the surface of the tumor (bronchial brushing) or by rinsing the airways with sterile saltwater and then collecting it (bronchial washing). Brushing and washing samples are sometimes helpful additions to the bronchial biopsy, but they are not as helpful in diagnosing carcinoids as they are with other lung cancers.

An advantage of this type of biopsy is that no surgery or hospital stay is needed, and you are ready to return home within hours. A disadvantage is that this type of biopsy may not always be able to remove enough to be certain that a tumor is a carcinoid. But with recent advances in the lab testing of lung tumors, doctors can usually make an accurate diagnosis even with very small samples.

Bleeding from a carcinoid tumor after a biopsy is rare but it can be serious. If bleeding becomes a problem, doctors can inject drugs through the bronchoscope into the tumor to narrow its blood vessels, or they can seal off the bleeding vessels with a laser aimed through the bronchoscope.

**Endobronchial ultrasonography (EBUS) and biopsy**

If a CT scan shows lymph nodes are enlarged on either side of the trachea or in the area just below where the trachea divides, this test can be used to biopsy these nodes to see if they contain cancer.

Ultrasound is a type of imaging test that uses sound waves to create pictures of the inside of your body. For this test, a small, microphone-like instrument called a transducer gives off sound waves and picks up the echoes as they bounce off body tissues. The echoes are converted by a computer into a black and white image on a computer screen.

For endobronchial ultrasound, a bronchoscope is fitted with an ultrasound transducer at its tip and is passed down into the windpipe. This is done with numbing medicine (local anesthesia) and light sedation.

The transducer can be pointed in different directions to look at lymph nodes and other structures in the mediastinum (the area between the lungs). A hollow needle can be passed through the bronchoscope to get biopsy samples of enlarged lymph nodes or other abnormal areas. The samples are then sent to a lab to be looked at under a
Needle biopsies

Doctors can often use a hollow needle to get a small sample from a suspicious area (mass). An advantage of needle biopsies is that they don’t require a surgical incision, but in some cases they might not get enough of a sample to make a diagnosis. There are two types of needle biopsies, based on the type of needle used:

- In a **fine needle aspiration (FNA)** biopsy, the doctor uses a syringe with a very thin, hollow needle (thinner than the ones used for blood tests) to withdraw (aspirate) cells and small fragments of tissue.
- In a **core biopsy**, a larger needle is used to remove one or more small cylinders (cores) of tissue. Core biopsies provide a larger sample than FNA biopsies.

If the suspected tumor is in the outer part of the lungs, either kind of biopsy needle can be inserted through the skin on the chest wall. This is called a **transthoracic needle biopsy**. The area where the needle is to be inserted may be numbed with local anesthesia first. The doctor then guides the needle into the area while looking at the lungs with either fluoroscopy (which is like an x-ray, but the image is shown on a screen rather than on film) or CT scans. Unlike fluoroscopy, CT doesn’t give a constant picture, so the needle is inserted toward the mass, a CT image is taken, and the direction of the needle is guided based on the image. This is repeated a few times until the needle is in the mass.

A possible complication of this procedure is that air may leak out of the lung at the biopsy site and into the space between the lung and the chest wall. This can cause part of the lung to collapse and could cause trouble breathing. This complication is called a **pneumothorax**. If the air leak is minimal, it often gets better without any treatment. A large pneumothorax is treated by putting a small tube into the chest space and sucking out the air over a day or two, after which it usually heals on its own.

An FNA biopsy may also be done to check for cancer in the lymph nodes between the lungs. This can be done in two ways:

- Transtracheal FNA or transbronchial FNA is done by passing the needle through the wall of the windpipe (trachea) or bronchi (the large airways leading into the lungs) during bronchoscopy or EBUS (already described above).
- In some cases an FNA biopsy is done during endoscopic esophageal ultrasound (which is similar to EBUS, except that the scope is passed down the esophagus instead of the windpipe) by passing the needle through the wall of the esophagus.
Surgical biopsies

In some cases, the types of biopsies above can’t remove enough tissue to identify the type of tumor, and your doctor may need to do surgery to get a biopsy sample. Different types of operations may be used. They are most often done in the operating room while you are under general anesthesia (in a deep sleep).

Thoracotomy: For a thoracotomy, the surgeon makes an incision (cut) in the chest wall between the ribs to get to the lungs and to the space between the lungs and the chest wall. In some cases if the doctor strongly suspects a carcinoid or some other type of lung cancer, they may do a thoracotomy and remove the entire tumor without first doing a biopsy.

Thoracoscopy: This procedure is also used to look at the space between the lungs and the chest wall, but it does not require a long incision like a thoracotomy. The doctor inserts a thin, lighted scope with a small video camera on the end through a small cut made in the chest wall to look at the outside of the lungs and the space between the lungs and the chest wall. (Sometimes more than one cut is made.) Using this scope, the doctor can see potential areas of cancer and remove small pieces of tissue to look at under the microscope. Thoracoscopy can also be used to sample lymph nodes and fluid and find out if a tumor is growing into nearby tissues or organs.

Mediastinoscopy: This procedure may be done if imaging tests such as a CT scan suggest that the cancer may have spread to the lymph nodes in the mediastinum (the space between the lungs). A small cut is made in the front of the neck and a thin, hollow, lighted tube is inserted behind the sternum (breast bone) and in front of the windpipe to look at the area. Instruments can be passed through this tube to take tissue samples from the lymph nodes along the windpipe and the bronchi.

Blood and urine tests

Because carcinoid tumors can secrete hormone-like chemicals into the blood, these tumors can sometimes be found with blood or urine tests. This is especially true if you have symptoms of the carcinoid syndrome, which is caused by excess levels of these chemicals in the blood.

Serotonin is made by some carcinoid tumors, and probably causes some of the symptoms. It is broken down by the body into 5-hydroxyindoleacetic acid (5-HIAA), which is released into the urine. A common test to look for carcinoid syndrome measures the levels of 5-HIAA in a urine sample collected over 24 hours. Measuring the serotonin levels in the blood or urine may also give useful information. These tests can
help diagnose some carcinoid tumors, but they are not always accurate. Some other medical conditions, as well as foods and medicines, can affect the results, and some carcinoid tumors may not release enough of these substances to give a positive test result.

Other tests used to look for carcinoids include blood tests for chromogranin A (CgA), neuron-specific enolase (NSE), cortisol, and substance P. Depending on where the tumor might be located and on the patient’s symptoms, doctors may do other blood tests as well.

These tests are less likely to be helpful with lung carcinoid tumors than with carcinoid tumors that start elsewhere in the body.

**Pulmonary function tests**

If a lung carcinoid is found, pulmonary function tests (PFTs) are often done to see how well your lungs are working. This is especially important if surgery might be used to treat the cancer. Because surgery will remove part or all of the lung, it’s important to know how well your lungs are working. These tests can give the surgeon an idea of whether surgery is a good option, and if so, how much lung can be removed safely.

There are a few different types of PFTs, but they all basically have you breathe in and out through a tube that is connected to a machine that measures airflow.

- References

See all references for Lung Carcinoid Tumor

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**How Are Lung Carcinoid Tumors Staged?**

The stage of a cancer describes how far it has spread. Your treatment and prognosis
(outlook) depend, to a large extent, on the cancer’s stage.

The stage of the cancer is based on the results of the physical exam, imaging tests (CT scan, PET scan, etc.), and other tests, which are described in How Are Lung Carcinoid Tumors Diagnosed?

The TNM staging system

A staging system is a standard way for the cancer care team to sum up how large a cancer is and how far it has spread. Lung carcinoid tumors are staged using the same system used to stage other types of lung cancer – the American Joint Committee on Cancer (AJCC) TNM staging system. The TNM system describes 3 key pieces of information:

- **T** indicates the size of the main (primary) tumor and whether it has grown into nearby areas.
- **N** describes the spread of cancer to nearby (regional) lymph nodes. Lymph nodes are small bean-shaped collections of immune system cells to which cancers often spread.
- **M** indicates whether the cancer has spread (metastasized) to other organs of the body. (The most common site is the liver.)

Numbers or letters appear after T, N, and M to provide more details about each of these factors. The numbers 0 through 4 indicate increasing severity.

The TNM staging system is complex and can be hard for patients (and even some doctors) to understand. If you have any questions about the stage of your cancer, ask your doctor to explain it to you.

**T categories**

**TX**: The main (primary) tumor can’t be assessed, or cancer cells were seen on sputum cytology or bronchial washings but no tumor can be found.

**T0**: There is no evidence of a primary tumor.

**Tis**: The cancer is found only in the top layers of cells lining the air passages. It has not invaded into deeper lung tissues. This stage is also known as carcinoma in situ.

**T1**: The tumor is no larger than 3 centimeters (cm) – slightly less than 1¼ inches – across. It has not reached the membranes that surround the lungs (visceral pleura), and
it does not affect the main branches of the bronchi.

- **T1a:** The tumor is 2 cm (about 4/5 of an inch) or less across
- **T1b:** The tumor is larger than 2 cm but not larger than 3 cm across

**T2:** The tumor has 1 or more of the following features:

- It is larger than 3 cm but not larger than 7 cm across.
- **T2a:** The tumor is 5 cm or less across but still larger than 3 cm
- **T2b:** The tumor is larger than 5 cm across but not larger than 7 cm
- It involves a main bronchus, but is not closer than 2 cm (about ¾ inch) to the carina (the point where the windpipe splits into the left and right main bronchi).
- It has grown into the membranes that surround the lungs (visceral pleura).
- The tumor partially clogs the airways, but this has not caused the entire lung to collapse or pneumonia to develop.

**T3:** The tumor has 1 or more of the following features:

- It is larger than 7 cm across.
- It has grown into the chest wall, the breathing muscle that separates the chest from the abdomen (diaphragm), the membranes surrounding the space between the lungs (mediastinal pleura), or membranes of the sac surrounding the heart (parietal pericardium).
- It invades a main bronchus and is closer than 2 cm (about ¾ inch) to the carina, but it does not involve the carina itself.
- It has grown into the airways enough to cause an entire lung to collapse or to cause pneumonia in the entire lung.
- Two or more separate tumor nodules are present in the same lobe of a lung

**T4:** The cancer has 1 or more of the following features:

- A tumor of any size has grown into the space between the lungs (mediastinum), the heart, the large blood vessels near the heart (such as the aorta), the windpipe, the esophagus (tube connecting the throat to the stomach), the backbone, or the carina.
- Two or more separate tumor nodules are present in different lobes of the same lung.

**N categories**
NX: Nearby lymph nodes cannot be assessed.

N0: The cancer has not spread to nearby lymph nodes.

N1: The cancer has spread to lymph nodes within the lung and/or around the area where the bronchus enters the lung (hilar lymph nodes). Affected lymph nodes are on the same side as the primary tumor(s).

N2: The cancer has spread to lymph nodes around the carina (the point where the windpipe splits into the left and right bronchi) or to lymph nodes in the space between the lungs (mediastinum) on the same side as the primary tumor.

N3: The cancer has spread to lymph nodes near the collarbone on either side, and/or spread to hilar or mediastinal lymph nodes on the side opposite the primary tumor.

M categories
M0: The cancer has not spread to distant organs or areas. This includes the other lung, lymph nodes farther away than those mentioned in the N stages above, and other organs or tissues such as the liver, bones, or brain.

M1a: Any of the following:

- The cancer has spread to the other lung.
- Cancer cells are found in the fluid around the lung (called a malignant pleural effusion).
- Cancer cells are found in the fluid around the heart (called a malignant pericardial effusion).

M1b: The cancer has spread to distant lymph nodes or to organs such as the liver, bones, or brain.

Stage grouping

Once the T, N, and M categories have been determined, this information is combined to assign an overall stage of 0, I, II, III, or IV. This process is called stage grouping. Some stages are subdivided into A and B. The stages identify tumors that have a similar outlook (prognosis) and so they are treated in a similar way. Patients with lower stage numbers tend to have a better outlook.

Occult (hidden) cancer

TX, N0, M0: Cancer cells are seen in a sample of sputum or other lung fluids, but the cancer isn’t found with other tests, so its location can’t be determined.

Stage 0

Tis, N0, M0: The cancer is found only in the top layers of cells lining the air passages. It has not invaded deeper into other lung tissues and has not spread to lymph nodes or distant sites.

Stage IA

T1, N0, M0: The cancer is no larger than 3 cm across, has not reached the membranes that surround the lungs, and does not affect the main branches of the bronchi. It has not spread to lymph nodes or distant sites.

Stage IB
T2a, N0, M0: The cancer has 1 or more of the following features:

- The main tumor is larger than 3 cm across but not larger than 5 cm.
- The tumor involves a main bronchus, but is not within 2 cm of the carina and is not larger than 5 cm.
- The tumor has grown into the visceral pleura (the membranes surrounding the lungs) and is not larger than 5 cm.
- The cancer is partially clogging the airways and is not larger than 5 cm.

The cancer has not spread to lymph nodes or distant sites.

Stage II A

Three main combinations of categories make up this stage.

T1, N1, M0: The cancer is no larger than 3 cm across, has not grown into the membranes that surround the lungs, and does not affect the main branches of the bronchi. It has spread to lymph nodes within the lung and/or around the area where the bronchus enters the lung (hilar lymph nodes). These lymph nodes are on the same side as the cancer. It has not spread to distant sites.

OR

T2a, N1, M0: The cancer has 1 or more of the following features:

- The main tumor is larger than 3 cm across but not larger than 5 cm.
- The tumor has grown into a main bronchus, but is not within 2 cm of the carina and is not larger than 5 cm.
- The tumor has grown into the visceral pleura (the membranes surrounding the lungs) and is not larger than 5 cm.
- The cancer is partially clogging the airways and is not larger than 5 cm.

The cancer has also spread to lymph nodes within the lung and/or around the area where the bronchus enters the lung (hilar lymph nodes). These lymph nodes are on the same side as the cancer. It has not spread to distant sites.

OR

T2b, N0, M0: The cancer has 1 or more of the following features:

- The main tumor is larger than 5 cm across but not larger than 7 cm.
- The tumor has grown into a main bronchus and is between 5 and 7 cm across, but
it is not within 2 cm of the carina.
• The tumor has grown into the visceral pleura (the membranes surrounding the lungs) and is between 5 and 7 cm across.
• The cancer is partially clogging the airways and is between 5 and 7 cm across.
The cancer has not spread to lymph nodes or distant sites.

Stage IIB

Two combinations of categories make up this stage.

T2b, N1, M0: The cancer has 1 or more of the following features:

• The main tumor is larger than 5 cm across but not larger than 7 cm.
• The tumor has grown into a main bronchus and is between 5 and 7 cm across, but it is not within 2 cm of the carina.
• The tumor has grown into the visceral pleura (the membranes surrounding the lungs) and is between 5 and 7 cm across.
• The tumor is partially clogging the airways and is between 5 and 7 cm across.
The cancer has also spread to lymph nodes within the lung and/or around the area where the bronchus enters the lung (hilar lymph nodes). These lymph nodes are on the same side as the cancer. It has not spread to distant sites.

OR

T3, N0, M0: The main tumor has 1 or more of the following features:

• It is larger than 7 cm across.
• It has grown into the chest wall, the breathing muscle that separates the chest from the abdomen (diaphragm), the membranes surrounding the space between the lungs (mediastinal pleura), or membranes of the sac surrounding the heart (parietal pericardium).
• It invades a main bronchus and is closer than 2 cm (about ¾ inch) to the carina, but it does not involve the carina itself.
• It has grown into the airways enough to cause an entire lung to collapse or to cause pneumonia in the entire lung.
• Two or more separate tumor nodules are present in the same lobe of a lung.
The cancer has not spread to lymph nodes or distant sites.

Stage IIIA
Three main combinations of categories make up this stage.

**T1 to T3, N2, M0:** The tumor can be any size or have any of the following features:

- The tumor invades a main bronchus without growing into the carina.
- The tumor has grown into the visceral pleura (the membranes surrounding the lungs).
- The tumor is partially clogging the airways, or it has grown into the airways enough to cause an entire lung to collapse or to cause pneumonia in the entire lung.
- It has grown into the chest wall, the breathing muscle that separates the chest from the abdomen (diaphragm), the membranes surrounding the space between the lungs (mediastinal pleura), or membranes of the sac surrounding the heart (parietal pericardium).
- Two or more separate tumor nodules are present in the same lobe of a lung.

The cancer has also spread to lymph nodes around the carina (the point where the windpipe splits into the left and right bronchi) or in the space between the lungs (mediastinum). These lymph nodes are on the same side as the main lung tumor. The cancer has not spread to distant sites.

**OR**

**T3, N1, M0:** The tumor has 1 or more of the following features:

- It is larger than 7 cm across.
- It has grown into the chest wall, the breathing muscle that separates the chest from the abdomen (diaphragm), the membranes surrounding the space between the lungs (mediastinal pleura), or membranes of the sac surrounding the heart (parietal pericardium).
- It invades a main bronchus and is closer than 2 cm to the carina, but it has not grown into the carina itself.
- Two or more separate tumor nodules are present in the same lobe of a lung.
- It has grown into the airways enough to cause an entire lung to collapse or to cause pneumonia in the entire lung.

The cancer has also spread to lymph nodes within the lung and/or around the area where the bronchus enters the lung (hilar lymph nodes). These lymph nodes are on the same side as the cancer. It has not spread to distant sites.

**OR**
**T4, N0 or N1, M0:** The cancer has 1 or more of the following features:

- A tumor of any size has grown into the space between the lungs (mediastinum), the heart, the large blood vessels near the heart (such as the aorta), the windpipe, the esophagus (tube connecting the throat to the stomach), the backbone, or the carina.
- Two or more separate tumor nodules are present in different lobes of the same lung.

The cancer may or may not have spread to lymph nodes within the lung and/or around the area where the bronchus enters the lung (hilar lymph nodes). Any affected lymph nodes are on the same side as the cancer. It has not spread to distant sites.

**Stage IIIB**

Two combinations of categories make up this stage.

**Any T, N3, M0:** The cancer can be of any size. It may or may not have grown into nearby structures or caused pneumonia or lung collapse. It has spread to lymph nodes near the collarbone on either side, and/or has spread to hilar or mediastinal lymph nodes on the side opposite the primary tumor. The cancer has not spread to distant sites.

OR

**T4, N2, M0:** The cancer has 1 or more of the following features:

- A tumor of any size has grown into the space between the lungs (mediastinum), the heart, the large blood vessels near the heart (such as the aorta), the windpipe, the esophagus (tube connecting the throat to the stomach), the backbone, or the carina.
- Two or more separate tumor nodules are present in different lobes of the same lung.

The cancer has also spread to lymph nodes around the carina or in the space between the lungs (mediastinum). Affected lymph nodes are on the same side as the main lung tumor. It has not spread to distant sites.

**Stage IV**

Two combinations of categories make up this stage.
**Any T, any N, M1a:** The cancer can be any size and may or may not have grown into nearby structures or reached nearby lymph nodes. In addition, any of the following is true:

- The cancer has spread to the other lung.
- Cancer cells are found in the fluid around the lung (called a *malignant pleural effusion*).
- Cancer cells are found in the fluid around the heart (called a *malignant pericardial effusion*).

OR

**Any T, any N, M1b:** The cancer can be any size and may or may not have grown into nearby structures or reached nearby lymph nodes. It has spread to distant sites, such as the liver.

- References

  See all references for Lung Carcinoid Tumor

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**Survival Rates for Lung Carcinoid Tumors**

The 5-year survival rate refers to the percentage of patients who live *at least 5 years* after their cancer is diagnosed. Of course, many people live much longer than 5 years (and many are cured).

To get 5-year survival rates, doctors have to look at people who were treated at least 5 years ago. Improvements in treatment since then may result in a better outlook for people now being diagnosed.

Overall, the 5-year survival rate for patients with typical lung carcinoids is around 85% to 90%, and the 5-year survival rate for patients with atypical lung carcinoids is around
50% to 70%. These ranges reflect different survival rates quoted by several different studies in medical journals.

Lung carcinoids are uncommon tumors, so it’s hard to get accurate, up-to-date survival statistics for these cancers based on stage. The numbers below come from a study of more than 1,400 people in the United States who were diagnosed with lung carcinoid tumors between 1990 and 2002 and were treated with surgery. They include some people who died from causes other than their cancer.

<table>
<thead>
<tr>
<th>Stage</th>
<th>5-year Survival Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>93%</td>
</tr>
<tr>
<td>II</td>
<td>85%</td>
</tr>
<tr>
<td>III</td>
<td>75%</td>
</tr>
<tr>
<td>IV</td>
<td>57%</td>
</tr>
</tbody>
</table>

These numbers include people with both typical and atypical carcinoids, but survival rates would be expected to be slightly better for typical carcinoids and not as good overall for atypical carcinoids.

Survival rates are often based on previous outcomes of large numbers of people who had the disease, but they cannot predict what will happen in any particular person’s case. Many factors can affect a person’s outlook, such as the type of treatment used, how well the cancer responds to treatment, and their general health. Your doctor is familiar with your situation and can probably tell you how the numbers above might apply to you.

Even with carcinoids that appear to have been treated successfully, in a small number of cases the cancer can come back (recur) many years later, which is why doctors often advise close follow-up for at least 10 years.

- References
See all references for Lung Carcinoid Tumor

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What Should You Ask Your Doctor
About Lung Carcinoid Tumors?

It is important to have honest, open discussions with your cancer care team. Ask any question, no matter how small it might seem. Here are some questions you might want to ask:

- What kind of carcinoid tumor do I have?
- Has my carcinoid tumor spread beyond the lungs?
- What is the stage (extent) of my carcinoid tumor, and what does that mean in my case?
- Will I need other tests before we can decide on treatment?
- Are there other doctors I need to see?
- How much experience do you have treating this type of cancer?
- Should I get a second opinion?
- What treatment choices do I have?
- What do you recommend and why?
- What risks or side effects are there to the treatments you suggest?
- How quickly do we need to decide on treatment?
- What should I do to be ready for treatment?
- How long will treatment last? What will it be like? Where will it be done?
- How will treatment affect my daily activities?
- What are the chances of my carcinoid tumor coming back with these treatment plans?
- What would we do if the treatment doesn’t work or if the cancer comes back?
- What type of follow-up might I need after treatment?

Along with these sample questions, be sure to write down some of your own. For instance, you might want more information about recovery time so that you can plan your work schedule. Or you may want to ask about clinical trials for which you may qualify.

Keep in mind that doctors aren’t the only ones who can give you information. Other health care professionals, such as nurses and social workers, may have the answers to some of your questions. You can find more information about speaking with your health care team in Talking With Your Doctor.

- References
  See all references for Lung Carcinoid Tumor