Help for Patients, Survivors, and Caregivers

The American Cancer Society offers support in your community and online to help you during and after cancer treatment. Below are just some of the resources we provide. Visit cancer.org or call us at 1-800-227-2345 for more information.

24/7 cancer helpline
The American Cancer Society’s cancer helpline provides 24/7 support when you’re dealing with cancer by connecting you with trained cancer information specialists who can answer questions about your diagnosis and provide guidance and a compassionate ear. We will connect you with American Cancer Society programs and services and provide you with referrals to other national resources. Call us at 1-800-227-2345 or visit cancer.org to live chat with us. We can assist in English, Spanish, and more than 200 other languages via a translation service.

Educational materials about cancer
Our materials can help you and your loved ones understand your diagnosis, treatment, and potential side effects, and provide detailed information on our programs and services. To request materials, call 1-800-227-2345 or visit cancer.org and live chat with a staff member.

Places to stay during treatment
Our Hope Lodge® program provides a free, nurturing home away from home for cancer patients and their caregivers when they have to travel for treatment. To find a Hope Lodge community near you, contact your doctor, social worker, or patient navigator or visit cancer.org/hopelodge.

Rides to treatment
When transportation to treatment is a concern, we may be able to help provide the rides. Our Road To Recovery® volunteer drivers provide free rides to cancer patients who would otherwise have difficulty getting to their cancer-related appointments. In some areas, we also offer community transportation grants to health systems to help patients get to treatment. Visit cancer.org/roadtorecovery to learn more.

Connecting cancer survivors
Our Cancer Survivors Network℠ (CSN) provides a safe online connection where cancer patients and caregivers can find others with similar experiences and interests. As a CSN member, you can participate on discussion boards, join a chat room, and build your own support network. To become a member, visit csn.cancer.org.

Breast cancer support
Our Reach To Recovery® program connects breast cancer patients with trained volunteers to receive peer-to-peer support on everything from practical and emotional issues to helping them cope with their disease, treatment, and long-term survivorship issues. To learn more, visit reach.cancer.org.

Hair-loss and mastectomy products
Cancer and cancer treatment can have profound effects, including some that alter a patient’s appearance, such as hair loss. The American Cancer Society’s “tlc” Tender Loving Care® program helps women with appearance-related side effects by offering them a variety of affordable wigs, hats, and scarves as well as a full range of mastectomy products. These items can be purchased from the privacy of their own home by calling 1-800-850-9445 or visiting the “tlc”™ website at tlcdirect.org.

American Cancer Society books
We publish books that help patients and their caregivers when they are dealing with a cancer diagnosis and treatment. They range from patient education, quality of life, and caregiving issues to healthy living. Visit cancer.org/bookstore to learn more; our books also are available through major book retailers.
Survivorship guidelines and additional resources

We have materials and resources for survivors to help with quality-of-life and other needs during and after cancer treatment. Our cancer survivorship guidelines for specific cancers help doctors manage the unique needs of survivors, and our nutrition and physical activity guidelines for survivors help you know how to live your best life and reduce your risk for cancer coming back. Visit cancer.org/survivorshipcenter for more information.

Caregiver support resources

As part of our commitment to support family members and friends providing care to loved ones with cancer, the American Cancer Society developed the Caregiver Resource Guide (cancer.org/caregiverguide). In addition to information about the caregiving process and what to expect with a cancer diagnosis and its treatment, this tool focuses on caregiver self-care, communication, coping, and caregiver resources. Another helpful resource is our Caregiver Support Video Series (cancer.org/caregivervideos), which provides educational support to caregivers as they assist with everyday needs of loved ones and provides self-care techniques to improve their own quality of life.

Clinical trials

If you would like to learn more about clinical trials that might be right for you, start by asking your doctor if your clinic or hospital conducts clinical trials or contact us at 1-800-227-2345 and speak with one of our caring, trained staff. You can also visit cancer.org/clinicaltrials for more information.