

Resources for CAR T-Cell Patients & Caregivers



If you or someone you know is getting CAR T-cell therapy (chimeric antigen receptor T-cell therapy), the American Cancer Society (ACS) offers information and support every step of the cancer journey.



When you need cancer information

ACS offers resources that can help answer your questions about CAR T-cell therapy, side effects, and more.

Cancer.org

Our website, **cancer.org**, is a highly trusted source of accurate, evidence-based content for people facing cancer, their families, and their caregivers. On cancer.org, you'll find resources, including:

- <u>CAR T-cell Therapy and Its Side Effects</u>: Learn about the treatment, how it works, what treatment is like, and what side effects may occur.
- **Cancer Care Toolkit**: Access a collection of resources that provide cancer information and tracking worksheets for appointments, medications, side effects, and more.
- <u>Caregiver Resource Guide</u>: Learn how to care for yourself as a caregiver, better understand what your loved one is going through, develop skills for coping and caring, and take steps to help protect your health and well-being.
- <u>Survivorship tools and resources</u>: Find out how people with cancer can stay active and healthy during and after treatment.

24/7 cancer helpline

Our **cancer helpline** at **1-800-227-2345** provides 24/7 support by connecting you with trained cancer information specialists. They provide accurate, up-to-date information on cancer. They can also connect you with ACS programs and services. Help is available in more than 200 languages via a translation service. The helpline is also available in English via **Live Chat** on weekdays from 7 a.m. to 6:30 p.m. CT.

Scan for more information and to access live chat through the ACS cancer helpline.



When you or a loved one needs help getting to care

Hospital stays and frequent follow-up visits may take you and your loved one away from home. ACS programs and services can help you or a loved one during treatment if you need a ride, a place to stay, or access to other resources.

Road To Recovery® – Free rides to treatment

Our Road To Recovery program offers people with cancer – and their caregiver, if needed – free rides to cancer-related medical appointments Trained volunteer drivers donate their time to help people with cancer get to and from their appointments. Transportation is provided based on volunteer availability and capacity.

Visit cancer.org/roadtorecovery to learn more.

Hope Lodge® - Lodging assistance

ACS Hope Lodge communities provide a free place to stay when treatment is far from home so people with cancer can focus on getting better. Currently, the Hope Lodge program offers more than 1,100 rooms at 31 locations in the United States and Puerto Rico. **Call 1-800-227-2345 or visit cancer.org/HopeLodge to learn more about the Hope Lodge program.**

Search for local resources

Find free or low-cost resources from other organizations by visiting <u>cancer.findhelp.com</u>. To start a search, enter your ZIP code. Results may help connect you with financial assistance, transportation, medical care, and other free or reduced-cost help.



When you or a loved one needs support

Connecting with others can be a source of emotional support and comfort during and after cancer care. These ACS resources may help:

ACS CARES™

ACS CARES (Community Access to Resources, Education, and Support) is a mobile app for people with cancer, their families, and caregivers. It connects people with personalized cancer-related information and one-on-one support. **Visit cancer.org/acscares to learn more about the ACS CARES app.**

Cancer Survivors NetworkSM

The Cancer Survivors Network (CSN) is a peer support community for people with cancer, survivors, and caregivers. Our safe online community allows people to support each other, ask questions, and share practical tips. **Visit csn.cancer.org to register for a free CSN account.**

For more information and support, visit the American Cancer Society website at **cancer.org** or call us at **1-800-227-2345**. We're here when you need us.