

# American Cancer Society Circle Of Life<sup>SM</sup>

## Cancer Types Bingo Questions

1. You can call the American Cancer Society's National Cancer Information Center at this number free of charge to learn more about cancer? **1-800-ACS-2345 or 1-800-227-2345**
2. What is the name for more than 100 different diseases in which abnormal cells divide without order or control? **Cancer**
3. You need 150 minutes of this type of physical activity per week? **Moderate intensity**
4. Tumors that are cancer are called what? **Malignant**
5. At what age and for who is colon cancer screening is recommended? **Men and women age 50 and older**
6. It is important to eat at least this amount of fruits and vegetables everyday to stay healthy and prevent cancer? **2 ½ cups**
7. 78% of cancers are diagnosed in people this age or older. **55 years**
8. Tobacco has been linked to what kind of cancer? **Lung cancer**
9. A growth from a mucous membrane that can benign or malignant commonly found in organs such as the rectum, the uterus, and the nose. **Polyp**
10. What is the screening test used to find cervical cancer in women? **Pap Test**
11. What is the name of the group of more than 100 related viruses of which 40 have been linked to cervical cancer? **HPV**
12. 1 out of 5 of all cancer-related deaths of cancer deaths are contributed by these factors? **Obesity and overweight**
13. How often does a woman at high risk for breast cancer have testing? **Every year**

14. This unavoidable factor that is a risk for breast and cervical cancer. **Being Female**
15. Why is it important for people to eat well, exercise and get cancer screenings? **Stay Healthy. You are Important to your Family and Friends.**
16. Why doesn't the American Cancer Society recommend liver, kidney, ovarian, stomach, gallbladder, and uterine screening? **There are no accurate tests at this time.**
17. What can you do to decrease your risk of developing cancer? **Make Healthy Choices.** (Eat healthy Native foods, stay tobacco free, avoid alcohol, exercise, and have recommended screening tests).
18. Recent evidence has confirmed that this test offers substantial benefit for women in their 40s. **Mammograms.**
19. The American Cancer Society does not currently recommend this screening test for men at this time? **PSA**
20. Flexible sigmoidoscopy, Colonoscopy, Fecal occult blood test are some the screening test that can detect this type of cancer? **Colon Cancer**
21. Getting screening test for cancer in order to find it in its beginning stages is called? **Early Detection, it can save lives**
22. Melanoma and non-melanoma are the two main types of this cancer? **Skin Cancer**
23. A tumor that is not cancer is called what kind of tumor? **Benign**
24. What procedure is often the first step in treating a cancer? **Surgery**
25. This localized cancer treatment uses high-energy rays or locally implanted radiation to kill the cancer cells. What is this type of treatment called? **Radiation**

26. This systemic treatment of cancer with anticancer drugs or chemical agents is called what? **Chemotherapy**

27. A cancer diagnosis is made by looking at a sample of tissue under a microscope. Taking a sample of tissues is called a what? **Biopsy**

28. Describes how far the cancer has spread from the primary site to other parts of the body. **Stage of Cancer**

29. Researchers are looking for new types of cancer treatments and better methods of early detection. All of these things give us what for the future? **Hope**

30. A substance or agent that is known to cause cancer is called what? **Carcinogen**

31. The basic unit or building block of human tissue is called a what? **Cell**