



American Cancer Society Circle Of LifeSM

Cancer Education and Wellness for American Indian and Alaska Native Communities

Cancer Treatment Knowledge Questions

1. It is best not to bother others about fears and concerns about cancer.
 - a. True
 - b. False
 - c. Not Sure
2. Once treatment is over, a person can jump right back into their normal routine.
 - a. True
 - b. False
 - c. Not Sure
3. Wellness means taking care of one's physical, emotional, mental, social, and spiritual needs.
 - a. True
 - b. False
 - c. Not Sure
4. Chemotherapy is always part of cancer treatment.
 - a. True
 - b. False
 - c. Not Sure
5. Everyone has bothersome side effects with cancer treatment.
 - a. True
 - b. False
 - c. Not Sure

6. If someone pays attention to what they eat while getting cancer treatment they may feel better.
 - a. True
 - b. False
 - c. Not Sure

7. It is normal for a person to be depressed after cancer treatment. There is nothing that can be done about it.
 - a. True
 - b. False
 - c. Not Sure

8. Following traditional American Indian and Alaska Native ways can support well-being after treatment.
 - a. True
 - b. False
 - c. Not Sure

9. Eating well, exercising, and maintaining a healthy weight are important for cancer survivors.
 - a. True
 - b. False
 - c. Not Sure

10. Celebrating one's unique gifts and setting new goals are helpful ways of coping.
 - a. True
 - b. False
 - c. Not Sure

11. Talking to other survivors can be a helpful way to cope.
 - a. True
 - b. False

c. Not Sure

12. It is important to make plans to manage your health in the future.

a. True

b. False

c. Not Sure