

# American Cancer Society Circle Of Life<sup>SM</sup> : *Cancer Education and Wellness*

## Prostate Cancer Fact Sheet



Photo courtesy of J. Morgan Edwards Photography

### About the Prostate

- The prostate is a gland found only in men. It is part of the reproductive system and helps to make semen.
- It is located in front of the rectum and under the bladder. A healthy prostate gland is about the size of a walnut.

### What is prostate cancer?

- Prostate cancer is cancer that starts in the prostate gland.
- Signs and symptoms that can suggest prostate cancer:
  - Any change in passing urine (difficulty passing urine, frequent urination, pain with urination, etc.)
  - Blood in the urine

These symptoms don't always mean you have cancer. They can be caused by other health conditions. If you have these symptoms, talk to a health care provider.

### The Bottom Line about Prostate Cancer

Age is the main risk factor for developing prostate cancer. Men 50 and older should talk to their doctors about the risks and benefits of prostate testing to decide if they want to be tested.

Men who are found to have prostate cancer should discuss all their options with their cancer care team before deciding about treatment. They should ask about the possible side effects that might come with each type of treatment

If you would more information about prostate cancer, please visit [cancer.org](http://cancer.org) or call 1-800-227-2345.

