Cancer screening saves lives.

Screening Recommendations
These recommendations are for people at average risk for certain cancers. Talk to a doctor about which tests you might need and the screening schedule that’s right for you. It’s a good idea to also talk about risk factors, such as lifestyle behaviors and family history, that may put you or your loved ones at higher risk.

### Ages 25–39
- **Cervical cancer screening** recommended for people with a cervix beginning at age 25.

### Ages 40–49
- **Breast cancer screening** recommended beginning at age 45, with the option to begin at age 40.
- **Cervical cancer screening** recommended for people with a cervix.
- **Colorectal cancer screening** recommended for everyone beginning at age 45.
  - At age 45, African American individuals should discuss **prostate cancer screening** with a doctor.

### Ages 50+
- **Breast cancer screening** recommended.
- **Cervical cancer screening** recommended.
- **Colorectal cancer screening** recommended.
  - People who currently smoke or used to smoke should discuss **lung cancer screening** with a doctor.
  - Discussing **prostate cancer screening** with a doctor is recommended.

### Questions to Ask a Doctor:
- What cancer screening tests are recommended for someone my age?
- How often should I get the screening tests?
- Where can I go to get screened?
- How do I schedule my screening tests?
- Will my screening tests (or other costs) be covered by my health insurance?
- What will the screening tests cost if they are not covered by insurance?

### Cancer Screening Conversation Starters
- I care about you and your health. Are you getting regular cancer screening tests?
- Did you know there are tests that can catch changes in your body before they become cancer?
- My breast/colorectal/cervical/prostate/lung cancer screening is coming up. Have you scheduled yours yet?
- Regular cancer screening is important. Is there anything I can do to help you get screened, like finding information, scheduling an appointment, or helping with childcare or transportation?

### Have Questions About Screening?
Visit [cancer.org/getscreened](http://cancer.org/getscreened) for cancer screening FAQs, including information about how to schedule a screening test, how to afford screening with or without insurance, and more.