Cancer screening saves lives.

Screening Recommendations
These recommendations are for people at average risk for certain cancers. Talk to a doctor about which tests you might need and the screening schedule that’s right for you. It’s a good idea to also talk about risk factors, such as lifestyle behaviors and family history, that may put you or your loved ones at higher risk.

Visit cancer.org/get-screened for cancer screening FAQs, including information about how to schedule a screening test, how to afford screening with or without insurance, and more.

Questions to Ask a Doctor:
• What cancer screening tests are recommended for someone my age?
• How often should I get the screening tests?
• Where can I go to get screened?
• How do I schedule my screening tests?
• Will my screening tests (or other costs) be covered by my health insurance?
• What will the screening tests cost if they are not covered by insurance?

Cancer Screening Conversation Starters
• I care about you and your health. Are you getting regular cancer screening tests?
• Did you know there are tests that can catch changes in your body before they become cancer?
• My breast/colorectal/cervical cancer screening is coming up. Have you scheduled yours yet?
• Regular cancer screening is important. Is there anything I can do to help you get screened, like finding information, scheduling an appointment, or helping with childcare or transportation?

Have Questions About Screening?

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