

Recommendations for Lung Cancer Screening

The American Cancer Society recommends yearly screening for lung cancer for people with a smoking history.

Screening Eligibility

- Adults 50 to 80 years old
- Currently smoke or used to smoke
- Have a 20 or more pack-year history (A pack-year is equal to smoking 1 pack or about 20 cigarettes per day for a year.)

Before Getting Screened

- Talk to a health care professional about your risk for lung cancer and the benefits, limitations, and harms of low-dose CT (LDCT) screening.
- People who currently smoke should receive smoking cessation treatment.

Learn More About Screening

Visit cancer.org/getscreened for cancer screening resources, including information about screening recommendations, how to schedule a screening test, how to afford screening with or without insurance, and more.

Questions to Ask a Doctor About Cancer Screening Tests

- What cancer screening tests are recommended for someone my age?
- How often should I get the screening tests?
- Where can I go to get screened?
- How do I schedule my screening tests?
- Will my screening tests (or other costs) be covered by my health insurance?
- What will the screening tests cost if they are not covered by insurance?

Cancer Screening Conversation Starters

- I care about you and your health. Are you getting regular cancer screening tests?
- Did you know there are tests that can catch changes in your body before they become cancer?
- My breast/cervical/colorectal/lung/prostate cancer screening is coming up. Have you scheduled yours yet?
- Regular cancer screening is important. Is there anything I can do to help you get screened, like finding information, scheduling an appointment, or helping with childcare or transportation?

If You Smoke or Want to Help Someone Quit

The American Cancer Society Empowered to Quit program is a free, email-based tool to help people quit smoking. Visit cancer.org/empoweredtoquit to learn more.