

# Prostate Cancer

Recommendations for the early detection of prostate cancer.

The American Cancer Society (ACS) recommends that men have a chance to make an informed decision with a doctor about whether to be screened for prostate cancer.

## Age 40 for men with the highest risk

This group includes men with more than one first-degree relative who had prostate cancer at an early age (younger than age 65).

## Age 45 for men at high risk

This group includes African Americans and men who have a first-degree relative (father or brother) diagnosed with prostate cancer at an early age (younger than age 65).

## Age 50 for men who are at average risk

This group includes men who have a life expectancy of more than 10 years.

## Questions to Ask a Doctor About Cancer Screening Tests:

- What cancer screening tests are recommended for someone my age?
- How often should I get the screening tests?
- Where can I go to get screened?
- How do I schedule my screening tests?
- Will my screening tests (or other costs) be covered by my health insurance?
- What will the screening tests cost if they are not covered by insurance?

## Cancer Screening Conversation Starters

- I care about you and your health. Are you getting regular cancer screening tests?
- Did you know there are tests that can catch changes in your body before they become cancer?
- My breast/cervical/colorectal/lung/prostate cancer screening is coming up. Have you scheduled yours yet?
- Regular cancer screening is important. Is there anything I can do to help you get screened, like finding information, scheduling an appointment, or helping with childcare or transportation ?

**Cancer screening saves lives.  
Get screened.**

Talk to a doctor about screening. To learn more, visit [cancer.org/getscreened](https://www.cancer.org/getscreened) or call 1-800-227-2345.