Cancer screening saves lives.





Screening Recommendations

These recommendations are for people at average risk for certain cancers. Talk to a doctor about which tests you might need and the screening schedule that's right for you. It's a good idea to also talk about risk factors, such as lifestyle behaviors and family history, that may put you or your loved ones at higher risk.

Ages 25-39

Cervical cancer screening recommended for people with a cervix beginning at age 25.

Ages 40-49

Breast cancer screening recommended beginning at age 45, with the option to begin at age 40.

Cervical cancer screening recommended for people with a cervix.

Colorectal cancer screening recommended for everyone beginning at age 45.

At age 45, African American individuals should discuss **prostate cancer screening** with a doctor.

Ages 50+

Breast cancer screening recommended.

Cervical cancer screening recommended.

Colorectal cancer screening recommended.

People who currently smoke or used to smoke should discuss **lung cancer screening** with a doctor.

Discussing **prostate cancer screening** with a doctor is recommended.

Questions to Ask a Doctor:

- What cancer screening tests are recommended for someone my age?
- How often should I get the screening tests?
- Where can I go to get screened?
- How do I schedule my screening tests?
- Will my screening tests (or other costs) be covered by my health insurance?
- What will the screening tests cost if they are not covered by insurance?

Cancer Screening Conversation Starters

- I care about you and your health. Are you getting regular cancer screening tests?
- Did you know there are tests that can catch changes in your body before they become cancer?
- My breast/colorectal/cervical/prostate/lung cancer screening is coming up. Have you scheduled yours yet?
- Regular cancer screening is important. Is there anything I can do to help you get screened, like finding information, scheduling an appointment, or helping with childcare or transportation?

Have Questions About Screening?

Visit **cancer.org/getscreened** for cancer screening FAQs, including information about how to schedule a screening test, how to afford screening with or without insurance, and more.