My Test Results



Use this form to keep track of your lab test results, as well as any notes about your labs.

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Test	Reference or normal range	Date: XX/XX/XX Test result	Date:	Date:	Date:	Notes/Questions
White blood cells (WBC)	5-10 ×1000/mm³	4.1 (L)				Infection—fighting cells
Hemoglobin (HGB)	12-18 g/dL	9				How much oxygen red blood cells carry
Platelets (PLT)	150-450 ×1000/mm³	100 (L)				Higher risk of bleeding when under 150

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